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FDA Proposes New Food Safety Rules (p. 2)

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Mark Your Calendar!

[Annual Tribal Self-Governance Conference](#)

April 29 - May 2
Anaheim, CA

[Rural Health Clinic and Critical Access Hospital Conference](#)

April 30 - May 2
Branson, MO

[NRHA Annual Rural Health Conference](#)

May 7-10
Louisville, KY

[NRHA Rural Medical Educators Conference](#)

May 7
Louisville, KY

[NRHA Rural Quality and Clinical Conference](#)

July 17-19
Chicago, IL

[National Association of Counties Conference and Exposition](#)

July 19 - 22, 2013
Fort Worth, TX

[Community Development Society Conference](#)

July 20 - 24
Charleston, SC

[National Association for Rural Mental Health Conference](#)

July 31 - August 3
San Antonio, TX

NCFC Bids a Fond Farewell to Outgoing Board Members

At the recent National Center for Frontier Communities (NCFC) annual board meeting members reflected on the extraordinary con-

tributions of longtime Board members Louis LaRose of Nebraska and Antonio Manzanaras of New Mexico who recently retired

from the Board.

In this issue NCFC pays tribute to these two inspiring men and the work they have done for frontier com-

munities over the years. We are proud to know them, and so grateful for their contribution to NCFC! ♦

Louis LaRose

Native American Advocate, Humorist

NCFC thanks Louis LaRose for his years of tireless advocacy for frontier people and his great contributions to the Center. LaRose is a member of the Winnebago Tribe and lives in frontier Nebraska. For ten years, he has enriched and enlivened the NCFC board with his unique perspective and keen sense of humor. His representation of Native American issues prompted introspection and discussion among the board.

LaRose has been described as a person "of rare political grit and moral fiber" who

is "as wise as he is funny." "Using humor, LaRose brings people together to focus on the important issues," says Carol Miller, NCFC founder and fellow board member.

Throughout his life, LaRose has been a prominent advocate for Native Americans, never shying away from discussions on Native American rights and equity in health, education, and policy. LaRose was one of five original plaintiffs in the Cobell v. Salazar class action lawsuit, which alleged that the US government had incor-

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Antonio Manzanaras

Community Activist, Frontier Rancher

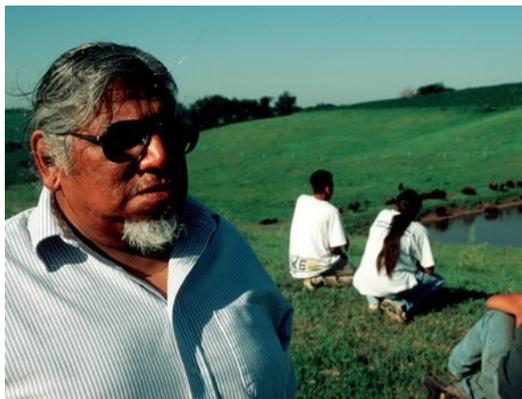
NCFC thanks Antonio Manzanaras for the ten years he has served on the Center's board. As a longtime community activist and rancher, Manzanaras brought a wealth of knowledge, experience and charisma to the NCFC board, including the unique perspective of frontier challenges in business and ranching.

Together with his wife, Molly, the Manzanarases own and operate [Shepherd's Lamb Sheep Ranch](#), New Mexico's first certified organic sheep ranch, located in the frontier community of Tierra Amarilla. The ranch

has become a nationally recognized example of sustainable agriculture, helping to preserve the rare Churro sheep breed and using a rotational grazing system, in which the herd is moved from uncultivated mountain grazing land in the summer to valley pastures in the winter.

Manzanaras is a long-time community leader active in rural health care, sustainable community development and resource protection. He helped establish the [Tierra Wools weaving cooperative](#), which has

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Louis LaRose visiting the Winnebago Tribe's bison herd with youth. www.joelsartore.com



Antonio and Molly Manzanaras at their farmers market booth. *The Santa Fe New Mexican*

Two Proposed Food Safety Rules Open for Public Comment

The Food and Drug Administration is proposing two new regulations aimed at improving food safety. Public comments on the proposed rules are due by May 16, 2013.

The first regulation, *Standards for the Growing, Harvesting, Packing, and Holding of Produce for Human Consumption*, sets

standards for how farms handle agricultural water; soil amendments of animal origin; health and hygiene; animals in the growing area; and equipment, tools and buildings.

The second regulation, *Rule for Preventive Controls for Human Food*, would affect businesses involved in food pro-

cessing and storage. The rule contains new provisions requiring hazard analysis and risk-based preventive controls. It would also revise the existing Current Good Manufacturing Practice (CGMP) requirements.

Both regulations contain exemptions for businesses that

have less than \$25,000 in food sales annually and sell most of their product directly to consumers, restaurants and stores. Additionally, businesses with less than \$500,000 in food sales annually would be partially exempt.

Learn more and submit comments at www.fda.gov. ♦

NCFC Moves to New Offices!

The National Center for Frontier Communities has a new address! This January, the Center for Health Innovation, which houses NCFC, relocated to a historic building in downtown Silver City to accommodate an increasing number of staff. Our new address is:

902 Santa Rita Street
Silver City, NM 88061

NCFC has expanded its staff by one person in the past year, while the Center for Health Innovation has hired five new full-time staff and three interns.

NCFC hopes to use the additional space in our new offices to expand our internship program. [Click here to learn more about internship opportunities at NCFC!](#) ♦

Louis LaRose (Continued from Pg. 1)

rectly accounted for the income from Native American trust assets. The suit resulted in a \$3.4 billion settlement, which has been called one of the greatest legal victories of the century for Native Americans.

LaRose has been part of many organizations supporting Native American rights and education. He served as vice chairman of the American Indian Higher Education Consortium and on the steering committee of the Native American Rights Fund. LaRose was instrumental in establishing the Nebraska Indian Community College and served as interim president of Little Priest Tribal College. He was chairman of the Winnebago Tribe of Nebraska for five years, and was Bison Caretaker for the Winnebago Bison Project for twelve years. Today, LaRose

volunteers as a mediator for the Nebraska Justice Center. ♦

Antonio Manzanares (Continued from Pg. 1)

created new economic opportunities in the area and helped preserve regional weaving traditions. Manzanares has also served on a number of boards, including the Rio Arriba County Planning Board, the Board of Directors of La Clinica del Pueblo de Rio Arriba - a nationally recognized community health center, the Board of Directors of Ganados del Valle - a grassroots livestock cooperative, the Upper Chama Soil and Water Conservation District, the New Mexico Sheep and Wool Council and the American Lamb Board. Manzanares received the New Mexico Public Health Association President's Award for his work promoting the health and economic well-being of his community. ♦



The NCFC Executive Board visits NCFC's new offices following their annual face-to-face meeting in Silver City, NM. The two day meeting was held on January 14 and 15.

Very Large Turnout at Webinar Explaining New Frontier Definition

169 people attended a webinar co-hosted by NCFC and the National Rural Health Association.

The webinar was designed to help frontier advocates provide comments on a new methodology for designating "frontier and remote" (FAR) areas. The authors of the new methodology were accepting public comments on their work between November 5th and January 4th.

People from 36 States attend the webinar, including

representatives from 29 of the 34 states with designated frontier areas (85%). There was even one participant from Canada!

NCFC worked with a number of the attendees to summarize the main comments on the methodology for the Office of Rural Health Policy (ORHP). Several attendees also submitted comments individually. ORHP officials are currently reviewing the comments, which may be incorporated into the final methodology. [Click here to read the comments submitted by NCFC.](#) ♦



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